

# Crockpot Shredded Chicken

## Ingredients:

- 3 Pounds Chicken Breasts About 4 Large
- 1 Cup Chicken Broth
- 1 Teaspoon Salt
- 1 Teaspoon Pepper
- 1 Teaspoon Garlic Powder
- 1 Teaspoon Onion Powder



## Instructions:

- Place chicken breasts in bottom of crockpot. Pour chicken broth and seasonings over chicken.
- Cook on low for 6-8 hours or high for 3-4 hours.
- Remove chicken from crockpot and shred with two forks.
- Use the chicken right away in your favorite recipes. Or, allow chicken to cool and portion into zip-top bags and freeze for up to two months.

NOTE: Cooked/Shredded chicken is good in the refrigerator for 4-5 days, and in the freezer for up to 2 months. Store in a well sealed zip-top bag.