Fit Lab Rockport

Code of Conduct/ Studio Rules

To ensure a comfortable atmosphere for everyone, please be courteous and respectful to others.

- Must be 18 years of age or older or 16 and accompanied by an adult.
- Fit Lab Rockport will not tolerate inappropriate conduct including but not limited to using loud, abusive, offensive, insulting or demeaning language, profanity, and lewd conduct.
- Please check-in at the front Kiosk prior to using the facilities.
- Wear appropriate clothing and footwear while in the facility. No sandals or flip flops in weight room area.
- No Alcohol, drugs, smoking, or weapons of any kind are permitted in the Fit Lab Rockport facility.
- Wipe down each piece of equipment after use.
- Avoid dropping dumbbells or barbells and slamming plates on machines.
- Re-rack your weights. Do not lean weights against walls or other equipment.

Verbal agreements or promises will not be honored. Any agreement between members/ guests and Fit Lab Rockport employees must be in writing and signed by all parties.

All retail sales must be paid in full and at time of sale.

Fit Lab Rockport has the right to refuse service and/or cancel membership for neglecting to follow the Rules and Code of Conduct.

Refer to your Fit Plan Agreement for membership hold and cancellation policies.